

**1st year Course details**

1. Training period: 24th Sept 2007 until 31st July 2008.
2. Accommodation: In mobile homes with up to two other same sex Trainees.
3. Typical week: 5 days training, 1 day off, plus all trainees would be expected to be at the Gilead church on Sunday morning.
4. Costs:  
Accommodation at GF, Risdon Farm will be free. If you are eligible for housing benefit GF will be claiming for this.  
Food will be supplied in the community dining room, free of charge.  
Study material and tuition fees will cost **approx £2500** (this can be paid in instalments of £250 4 weeks in advance).
5. Codes of practice, trainees will agree to abide by a code of practice (a copy is available on application).

**If you, or someone you know would like more information about ACTS or would like to make an application, please contact:**

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**GF ACTS**

**Addiction Counselling Training School/  
training to make a difference**



GF ACTS is a training school with a difference, in operation to equip its trainees to make an effective difference in people's lives. ACTS functions within a rehabilitation centre, where trainees spend part of their time in study and lectures and part in practical application with the clients of Gilead Foundations.

The training is structured to produce competent, effective, compassionate and gracious workers and counsellors, with whom all clients should feel safe and secure.

As stated above, trainees will be based at Gilead Foundations (GF) international rehabilitation therapeutic centre. GF was established in 1987, became a charity in 1991 and a registered care home in 2003. GF is basically a rehabilitation centre with a difference, because it is not just Christian based, but each client (male, female, single parent, or even a whole family) becomes part of an extended family group, within a therapeutic community, during the period of their rehabilitation.

GF is based on a 320 acre organic farm, which provides excellent practical therapy for the clients, alongside the counselling, relapse prevention, group sessions, and life and NVQ skills training. Each extended family group has house parents, who are senior support workers, who carry out all client counselling, assessments and some life skills training.

GF has many practical therapeutic skills training areas, such as: the dairy farm, milk and meat processing, motor workshops, catering, administration, building and maintenance, child care and an education facility for client and community members' children up to the age of 16 years. Each skills training area has a supervisor who is responsible for the skills training. Trainees will be expected to work alongside clients/students as part of their training. The extended family units based at Risdon Farm make up a large community of people, having all personal needs supplied by GF. Some people may be referred to as staff, but in fact, every one is a community member, and when clients come to GF for rehabilitation, they also become part of the community and are referred to as students.



GF ACTS is offering a one year diploma course in Addiction Studies & Bible theology from 24th September until 31st July 2008. GF is also in the process of developing second and third year courses, all leading to International and National Accreditation.

**1<sup>ST</sup> Year** Diploma in Addiction Studies, 40 week course

**Course Subjects Outline:**

- |                              |                                |
|------------------------------|--------------------------------|
| Holistic Recovery/Life Model | Addictive process and Recovery |
| Co-dependency Issues         | Recovery Support Services      |
| Drugs of Abuse               | Patterns of Use and Treatment  |
| Help for Alcoholics part 1   | Help for Alcoholics part 2     |
| Resiliency and Self Repair   | Sexual Addiction               |
| Counselling Theory           | Human Development              |
| Counselling Practices part 1 | Counselling Practices part 2   |
| Mental Health part 1         | Mental Health part 2           |
| Group Practices              | Core Counselling Functions     |
| Support Groups ACOA          | Ethics in Addition Counselling |
| Ethics Cultural Competence   | HIV/AIDS & Recovery TIP 37     |
| Biblical Systematic theology | The Holy Spirit                |
| The Person of Jesus Christ   |                                |

Genesis Process Relapse Prevention programme: 5 days tuition by the founder of Genesis, and training throughout the whole course using Genesis tools of recovery.

Grace-Based Environment: training in creating and maintaining a grace-based environment, rather than discipline and punishment when people relapse.

UK trainees will also be able to achieve an NVQ in Health & Social care; some units are mapped to DANOS (Drugs and Alcohol National Occupational Standards).

The classroom structure would be distance learning, group discussion with a facilitator and with some tutor involvement where applicable.